

2023 Dental Mission To Kenya | May 1 - May 16, 2023



Share your skills, feel the difference, see the country, and bring a smile!

This trip will provide you with the opportunity to provide dental services to rural communities and experience a cultural site seeing adventure.

Tour Host

Dr. Kelvin Hill, DDS *Dental Service Director*

Dr. Hill has been serving with A Better World for 15 years and directs the dental program. He has travelled to Kenya and Tanzania providing services and training local dental care workers.

His hobbies are bird watching, planning adventure travels, and camping. He presently works at Sylvan Lake Dental Centre.

For more information contact Dr. Kelvin Hill at khill@abwcanada.ca | 403.302.3530

What's Included:

- Fully escorted service tour of Kenya and safari by A Better World.
- Serve in rural clinics.
- Explore the local culture and connect with local communities.
- See the wildlife of the beautiful Maasai Mara.

A Trip with Mission and Memories

Founded in 1990, A Better World Canada is a Central Alberta based International Development Organization dedicated to addressing the root causes of poverty in the developing world. A Better World has projects in 12 countries and is managed by volunteers from all walks of life. 2,800 people have traveled with A Better World.

Approximate Cost: \$3,885 + Airfare

(Includes food, local transportation, lodging, park fees, and tips).

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2023 Dental Mission To Kenya

A Trip with Mission and Memories



DAY 1

Monday, May 1

Welcome aboard! Today we depart to catch our overnight/connecting flight. Some of us will find it difficult to sleep, but we encourage everyone to have a good rest on the plane, if possible.



DAY 2

Tuesday, May 2

We arrive in Nairobi at approximately 8:00 pm. We will be met by our guides and safari vans, and stay at the 4 Points Sheraton Hotel in Nairobi for the evening. We have already lost a day in travel, but hopefully, by morning we will feel ready and rested enough to begin our travel to our first site.



DAY 3

Wednesday, May 3

An easy five-hour drive will take us to the town of Nanyuki where we will spend the night at the Falcon Heights Hotel.



DAY 4

Thursday, May 4

We will leave early to set up our first clinic. Our travel will take us through some rough roads to the Segera Mission. A Better World has built classrooms, a health centre and water systems in this community in partnership with other organizations. An all-day clinic has been planned for the next two days at Segera. We will travel back to Falcon Heights for the night.



DAY 5

Friday, May 5

This morning we need to pack up our suitcases as we will not be returning to Falcon Heights. After our clinic in Segera we will go to the beautiful Sweetwaters Serena tented camp. A game drive on the way, will be an exciting way to wind up the day!



DAY 6

Saturday, May 6

Don't miss out on an early morning game drive in this private game reserve. You will see the Chimpanzee sanctuary and the Rhino reserve and return for breakfast. After breakfast, you are on the road with a picnic lunch by Thompson Falls and make your way to Nakuru, the 4th largest city in Kenya. You will spend the night at the Midland Hotel.

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DAY 7 **Sunday, May 7**

We will operate a clinic in the Mau Summit area today. A Better World's latest school projects are concentrated in this county.



DAY 8 **Monday, May 8**

Today we will return to the Mau Summit area to continue our clinic and spend our last night at the Midland Hotel.



DAY 9 **Tuesday, May 9**

Today will be a long day of driving. The first five hours on some good roads, then some on bad roads, and more on no roads arriving by dusk at the outskirts of the park at Mara Enkorok tented camp. This will be our home for the next seven nights.



DAY 10 - DAY 12 **Wednesday, May 10 -** **Friday, May 12**

It's from this hub that we will begin all of our clinics in different areas of this very remote region of the Mara.



DAY 13 **Saturday, May 13**

Today we will go on an all-day safari! We will stop for lunch along the way, and if you are very lucky you may get a chance to see the BIG 5. The BIG 5 are the African elephant, lion, leopard, Cape buffalo, and rhinoceros.



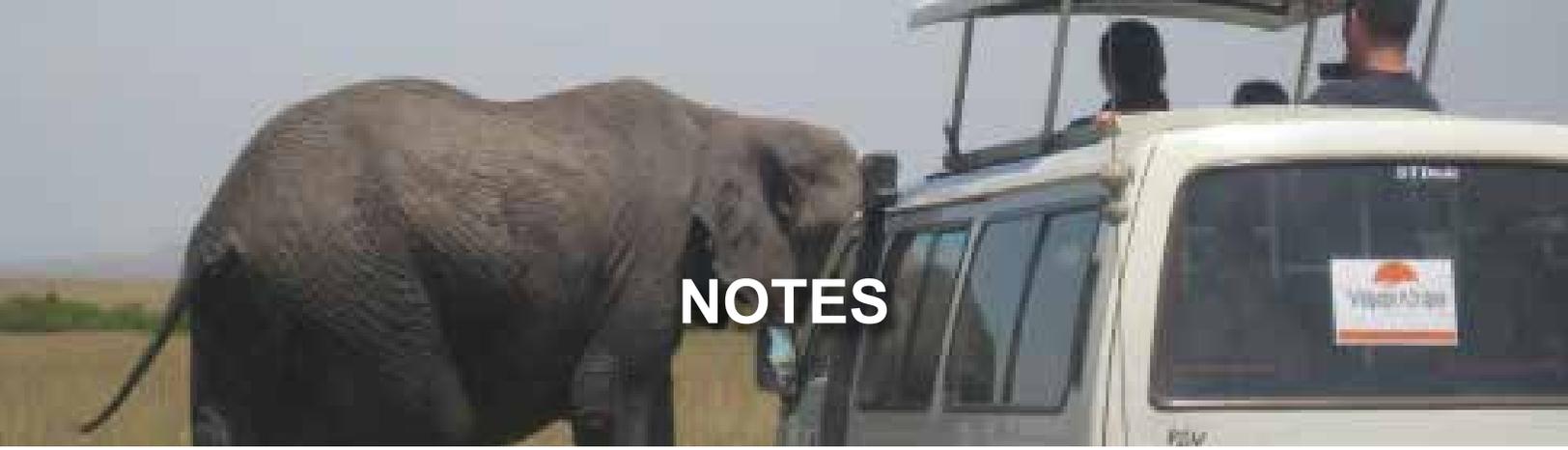
DAY 14 - DAY 16 **Sunday, May 14 -** **Tuesday, May 16**

Over the next few days we will finish our clinics. Then we will travel back to Nairobi with a stop for lunch along the way. We will aim to get to our airport hotel for a shower and farewell dinner and catch our flight home.

Can't wait to see you there!

Questions? For more information, contact Dr. Kelvin Hill at

khill@abwcanada.ca | 403.302.3530



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